GGA-PSHE Knowledge Organiser for Year 3 Spring

Relationships

I know who can help me in different situations.

I know how to show the values.

Myself

I know what I am good at and can share that with others.

I can make improvements to myself.

Keeping Safe and Healthy

I know how to keep myself safe in the home.

I know how to use computers safely, including the internet.

I know the PANTS rule, including the difference between good and bad touch.

I know how and when to call the emergency services.

I know how to take medicine safely.

Why are we learning this?

To know how to keep myself safe.

To know that it is good to be me and make improvements.

Why is it important?

So we understand how to keep ourselves safe.

So we understand that we are who we are and that is good, and that we can improve on our own things.

Feelings

I know what grief is and what I can do to help myself.

Talk to someone.
Make a memory box.
Take time out.

Key Vocabulary and Definition

Difference	A way in which things are different.
Decision	A final choice made after thinking.
Medicine	A treatment to prevent disease.
Importance	Something of great value.
Cure	Relief of symptoms of a disease.
Danger	Possibility of suffering harm or injury.
Grief	Feeling caused by losing someone or something you love very much.
Unique	Being one of a kind, like no one else.
Weakness	A disadvantage or fault.