

GGA-Year 6 - PE – Athletics

Summer Term

Vocabulary

Track and field.

Strength.

Judge.

Trajectory.

Recapped Key Vocabulary

Relay

Safety

Baton

Rules

Targets

Set

Records

Over take

Distances

Power

Accuracy

Combination

Why are we learning this?

In Year 6 pupils are often taught to improve their skills in the following areas: running, jumping, throwing and catching. Through these activities, children will develop control, balance, flexibility and technique.

Why is it important?

To encourage pupils to learn to lead a physically active life. To help bridge the transition to KS3 athletics,

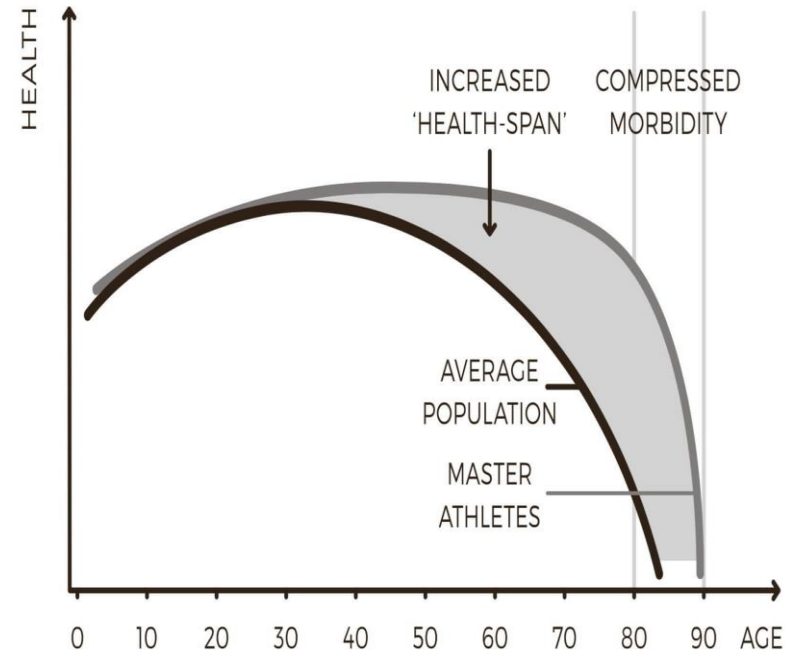
Skills that I am going to learn.

Become confident and expert in a range of techniques and recognise their own success.

Apply strength and flexibility to a broad range of throwing, running and jumping activities.

Work in collaboration and demonstrate improvement when working with self and others.

Able to run as part of a relay team working at their maximum speed.



GGA- Year 6 - PE – Cricket

Summer Term

Vocabulary

Tactics, Straight bat	Shots, Sweep Shot
Stance, Balls, Shine	Cross, Forward Turn
Offensive, No Ball,	Wide, Seam

Repeated Vocabulary

Stance, Balls, Field, Innings,	Fielding Boundary, Defensive, Offensive
---	--

Why are we learning this?

To understand the nuances and intricacies of playing competitive cricket so pupils can develop their overall view of the sport.

Why is it important?

To take the playing and understanding of the game to the next level and ensuring pupils are KS3 ready for competitive cricket.

Skills that I am going to learn.

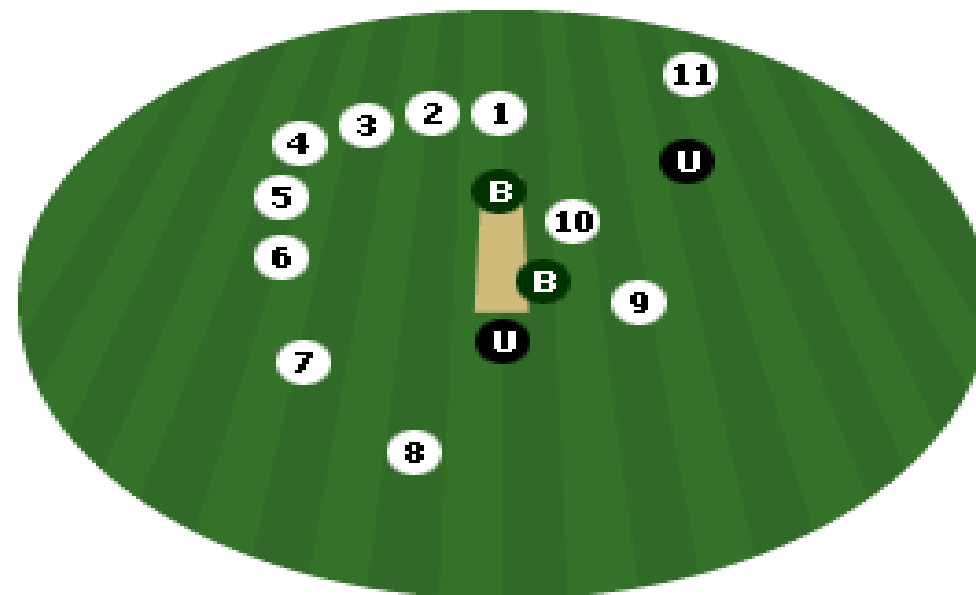
Attempt a small range of recognised shots in isolation and in competitive scenarios.

Use a range of tactics for attacking and defending in role of bowler, batter and fielder.

Become confident and expert in a range of techniques and recognise their own success.

Work in collaboration and demonstrate improvement when working with self and others.

- 1** Wicketkeeper
- 2** First slip
- 3** Second slip
- 4** Third slip
- 5** Gully
- 6** Cover
- 7** Mid-off
- 8** Bowler
- 9** Mid-on
- 10** Short leg
- 11** Fine leg
- B** Batsman
- U** Umpire



GGA- Year 6 PE – Rounders Summer Term

Vocabulary

Predict,	Place,
Select,	Tactics,
Stance	Pitch Layout

Repeated Vocabulary

Defensive	Stance
Box	Umpire
Batting square	Over,
Bowling square	Back stop
Offensive	Shot

Why are we learning this?

To develop and add extra skills and tactics to your game to help become more competitive.

Why is it important?

Rounders is a popular and important part of PE, particularly at KS3 and 4. It is important pupils understand and have a good grounding of the basic skills and tactics and are able to implement these in preparation for the next stages in their PE learning journey.

Skills that I am going to learn.

Work in collaboration and demonstrate improvement when working with self and others.

Play small sided games using standard Rounders pitch layout.

Use a range of tactics for attacking and defending in role of bowler, batter and fielder.

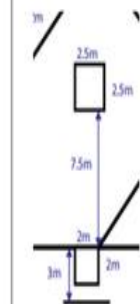
Batting
Arm at 90 degrees



Feet shoulder width apart

Bring your arm forwards to contact the ball transfer your body weight onto the front leg

Bowling



Rules

Bowling box 7.5m from batting box

Can't step over line

Smooth underarm action

Must be between head and knee height of batter

Must not bounce before reaching batter

Must be within the width of the batting square



Technique

Basic

Grip ball with index/middle finger and thumb

2 steps in to bowl

Bent knees

Advanced

Change pace of bowl

Change angle of bowl

Add spin to bowl

Donkey drop

GGA- Year 6 - PE – Tennis Summer Term

Vocabulary

Scoring system,	Court Lines,
Serve	Lob

Repeated Vocabulary

Volley	Overhead
Singles	Doubles
Backhand	Tactics

Why are we learning this?

To continue to add new and more advanced shots, tactics and game play to raise the level of the all round tennis player. This will be in preparation for KS3 and competitive tennis.

Why is it important?

Tennis teaches you how to believe in yourself and how to trust your instincts. Through preparation, endurance, confidence, determination, and teamwork, tennis teaches you how to succeed. It also helps prepare for the pupils next stage in their tennis development through KS3 and beyond.

Skills that I am going to learn.

Develop backhand shots. Introduce the lob.

Begin to use full tennis scoring systems.

Continue developing doubles play and tactics to improve.

Can play in singles and doubles games.

BACKHAND LOB



Number of Points Won	Corresponding Call
0	"Love"
1	"15"
2	"30"
3	"40"
4	"Game"

Points Score Examples	Corresponding Call
3-4	"Advantage out"
4-3	"Advantage In"
4-4, 5-5, 6-6, etc.	"Deuce"
4-6, 3-5	"Game"