

GGA Knowledge Organiser - Science Healthy Eating Year 3 Autumn Term

Why are we learning this?

To know how animals and humans need the right nutrition. We have skeletons and muscles.

Why is it important?

So we understand that we can not make our own food. The skeletal system offers support.

Vocabulary

Healthy	Diet
Fibre	Carbohydrates
Fats	Protein
Natural	Food groups
Raw	Cooked

Skills that I am going to learn.

Scientific Enquiry Skills

asking relevant questions and using different types of scientific enquiries to answer them	E.g. research food groups and design meals.
gathering, recording, classifying and presenting data in a variety of ways to help in answering questions	E.g. group animals by make up.
recording findings using simple scientific language, drawings, labelled diagrams, keys, bar charts, and tables	E.g. draw diagrams to illustrate findings
identifying differences, similarities or changes related to simple scientific ideas and processes	E.g. compare and contrast the diets of animals and humans

