

GGA-PSHE Knowledge Organiser for Year 4 Autumn

Relationships

I know when a relationship is unhealthy or uncomfortable



Why are we learning this?

To know what a positive relationship is.

To know how to keep myself safe and healthy.

Why is it important?

So we can build positive relationships and can keep ourselves safe.

So we understand how to keep ourselves safe and healthy.

Keeping Safe and Healthy

I know how to respond appropriately to online bullying



I know how to respond to an emergency



I know the impact on the body of unhealthy food choices.



Key Vocabulary and Definition

Emergency	a serious situation or sudden crisis that calls for fast action
Fire	the heat, light, and flames produced by burning
Paramedic	provide emergency care to the sick and injured
Ambulance	a vehicle used to transport people who are sick or injured
Police	people whose job is to make sure that citizens follow the law and do not harm others
Crime	something that people do that is against the law
Fat	an important part of a healthy diet
Sugar	a sweet substance made from plants
Bullying	intentional behaviour that hurts someone else
Online	connected to or reached through a computer or computer network
report	a statement or account of something

Visits/ special occasions-
Anti Bullying week.