

## Five key messages to encourage your child's communication

### Let's get listening

- Keep your voice tuneful and use simple words when talking.
- Give your child time to listen and respond to you.
- Turn off your phone, TV or radio so there are times with no background noise.
- Play listening games together.



### Let's get together

- Spent time doing everyday activities like shopping or cooking with your child.
- Try to be face to face and make eye contact.
- Try some people games like tickling games or peek a boo.



### Let's get playing

- Set up a special time with your child to play with them.
- Join in and play! Copy what they do and show what else they can do.
- Access play with other children and families.



### Let's get talking

- Talk about what your child is doing – “say what you see”
- Use noises, names, actions words and describing words when talking to your child.
- Don't ask them to copy after you. Try and avoid asking too many questions.
- Add a word or two onto what your child is saying.
- Use the most comfortable language for you when talking to your child.



### Let's get rhyming

- Use songs and stories as a fun way to practice talking and understanding.

