

GGA- Cooking Year 2

Summer Term Spring Rolls

Vocabulary

Equipment Part of the recipe which tells you what cooking utensils you will need.

Ingredients Before you start making a recipe check you have all the food that is listed in the ingredients.

Coriander A coriander is a herb. You can eat all parts of the plant.

Bean Sprouts Are grown by sprouting the beans.



Why are we learning this?

To use a peeler safely.

Why is this important?

Lots of fruit and vegetables need to have the peel removed first.

Skills that I am going to learn.

Follow a Recipe.

I can discuss what ingredients and equipment I need from a recipe.

Tear Foods

I can tear the coriander.



Food Safety

I can use a peeler to peel my carrot.



Chop Vegetables

I can chop the carrots and spring onions using a fork to hold.



Arrange and Present the Ingredients.

I can arrange and make my spring roll



Useful Information

To peel: hold at the top and peel the bottom half. Then turn around holding at the other end then peel the remaining half.