

The flu vaccination will be taking place at our school soon. Children from across the school will be receiving the flu spray.

The video link below contains statements from younger children about the flu vaccine, what happens on the day, what it is like and why it is important to have it done. The teachers will share the video with all the children and answer any questions that they may have.

For further information please visit the Essex Partnership University NHS Foundation Trust website for further information about vaccinations.

<https://vimeo.com/dfptv/review/234319578/2f0950b9bf>

Public Health  
England

**NHS**

## 5 reasons to vaccinate your child against flu

- ✓ **1. Protect your child.** The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- ✓ **2. Protect you, your friends and family.** Vaccinating your child will help protect more vulnerable friends and family
- ✓ **3. No injection needed.** The nasal spray is painless and easy to have
- ✓ **4. It's better than flu.** The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- ✓ **5. Avoid costs.** If your child gets flu, you may have to take time off work or arrange alternative childcare

**What should I do?**  
Children aged two and three years old are offered this vaccination in general practice. Your child's GP surgery should contact you. If you haven't heard from their GP by early November, contact them directly to make an appointment.  
Children in reception class and school years 1, 2, 3 & 4 will be offered the vaccine at school. Your child's school will provide details from the local healthcare team.

For more information visit  
[www.nhs.uk/child-flu](http://www.nhs.uk/child-flu)

**STAY WELL  
THIS WINTER**

Flu **i**mmunisation 2017/18  
Helping to protect everyone, every winter